



JASMINE STOKES

CERTIFIED MASTER LIFE COACH
PUBLIC SPEAKER & EMCEE
PUBLISHED AUTHOR
PODCASTER

THE
GREATER ME
CONSULTING

Empowering Greater In You!

PERSONAL PROFILE

Certified Master Life Coach Jasmine Stokes is a devoted wife, sacrificial mother of three, corporate trainer, published author, podcaster, entrepreneur, natural born encourager, woman of faith, and unwavering friend.

Jasmine helps her clients develop realistic goals and plans focused on their wellbeing. With over 7 years of experience within Learning and Development and a Bachelor's Degree in Business Management and Finance, Jasmine is well versed in identifying communication strategies for focusing on the development of one's strengths.

TESTIMONIALS “

"Real, Raw, Authentic, Visionary...where can I begin? Your boldness, drive, and most of all your spirit are to be compared to none. I'm so blessed to have connected with you and look forward to hearing more from you."
- Houston, TX

"It was a pleasure meeting you at the Women Empowerment Conference! When I saw you on that stage. It was a reminder of why I am doing what I am doing. I want to speak and make a DIFFERENCE in someone's life, just the way you do. You are truly an inspiration!"
- Los Angeles, CA

PAST SPEAKING EVENTS



SPEAKING TOPICS

Star Player

The Star Player session focuses on aligning the inner and outer person. This speaker session deals with identifying how to make you a priority, how to begin the necessary conversations with yourself to ensure you think, act, and treat yourself as you want the world to think of you and treat you. This session provides the groundbreaking tools to Choose You so others can Choose You. This session ends with a four-week journaling journey to assist with ensuring you become your star player.

Faith, Obedience and Entrepreneurship

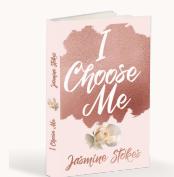
The Faith, Obedience, and Entrepreneurship session focus on the "Pray, Plan, Grind, Achieve" strategy. This strategy walks you through the steps of goal setting and achieving within your business while heeding to God's instruction. During this session, Coach Jas talks about her entrepreneurship journey and how she launched 4 projects, contracted 4 clients, and booked 3 speaking engagements within her first seven months in business. This session ends with identifying your top goal as an entrepreneur and creating your P.P.G.A strategy to obtain it.

Fearful to Fearless

The Fearful to Fearless session takes you through the "why" in your decision-making to determine the areas you may have allowed fear to enter. This session takes you through Coach Jas' personal life journey starting at the age of 18 to now and how she's overcome fear to be a successful wife, mother, career woman, and entrepreneur. This session ends with identifying your top fear and creating a "fearless" plan to overcome it.

PUBLISHED WORKS

Journey with Coach Jas and tap into your greater self by learning and practicing the art of balancing life and self-care through journaling.



HOW TO GET IN TOUCH

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