

# JASMINE STOKES

CERTIFIED MASTER LIFE COACH



*Empowering  
Greater In*

Confidence, Faith, Self-  
Development and  
Entrepreneurship!

---

TheGreaterMeConsulting.com  
CoachJas@thegreatermeconsulting.com  
P.O Box 30622 Clarksville, TN 37040

THE  
GREATER ME  
CONSULTING



# JASMINE STOKES

CERTIFIED MASTER LIFE COACH | PUBLIC SPEAKER &  
EMCEE | LIFE COACH TRAINER | PUBLISHED AUTHOR



*Empowering Greater In You!*

## SPEAKING TOPICS



### **You Are The Star Player**

The Star Player session focuses on aligning the inner and outer person. This speaker session deals with identifying how to make you a priority, how to begin the necessary conversations with yourself to ensure you think, act, and treat yourself as you want the world to think of you and treat you. This session provides the groundbreaking tools to Choose You so others can Choose You. This session ends with a four-week journaling journey to assist with ensuring you become your star player.



### **Boss Mom**

Boss Mom focuses on how to effectively parent and be an entrepreneur. It gives techniques for time management, self care, releasing mom guilt and pursuing your dreams.

### **Positive Vibes Only**

Positive Vibes Only (PVO) focuses on changing ones overall thinking to focus on the good in every situation. PVO goes through various steps and techniques to identify negativity and how to begin to block it out when presented. PVO ends with a 21 day affirmation commitment to help launch and create consistency with positive thinking.



### **Fearful to Fearless**

The Fearful to Fearless session takes you through the "why" in your decision-making to determine the areas you may have allowed fear to enter. This session takes you through Coach Jas' personal life journey starting at the age of 18 to now and how she's overcome fear to be a successful wife, mother, career woman, and entrepreneur. This session ends with identifying your top fear and creating a "fearless" plan to overcome it.

### **Faith, Obedience and Entrepreneurship**

The Faith, Obedience, and Entrepreneurship session focus on the "Pray, Plan, Grind, Achieve" strategy. This strategy walks you through the steps of goal setting and achieving within your business while heeding to God's instruction. During this session, Coach Jas talks about her entrepreneurship journey and how she launched 4 projects, contracted 4 clients, and booked 3 speaking engagements within her first seven months in business. This session ends with identifying your top goal as an entrepreneur and creating your P.P.G.A strategy to obtain it.



### **Dare To Be Different**

The Dare to be Different session focuses on accepting you are uniquely created and needed on earth. This session deals with the thoughts and early seeds of low self-esteem, not belonging in the "in" crowd, and realizing you are created for greatness.

# JASMINE STOKES

CERTIFIED MASTER LIFE COACH | PUBLIC SPEAKER &  
EMCEE | LIFE COACH TRAINER | PUBLISHED AUTHOR



Follow me on all social media channels  
@thegreatermeconsulting for updates

## ABOUT JASMINE

Master Life Coach Jasmine Stokes is a Master of All Things but her love is empowering women entrepreneurs to their greater level. Juggling the hats of Wife, Mother, Retired Corporate Bae, Entrepreneur, Author, Speaker, Intercessor and Friend, Coach Jas has learned the dance and balance of self-care and grind.

Founder of The Greater Me Consulting, Jasmine has led initiatives focused on diversity, equity, and inclusion, ensuring that all entrepreneurs have access to resources and support systems that cater to their unique needs. With providing life coach certification to over 90 women in three years, her dedication to fostering an inclusive and supportive environment has earned her recognition as a leader in her field.

With over 8 years of experience within Learning and Development, 20 years of experience in Corporate America and a Bachelor's Degree in Business Management and Finance, Jasmine is well versed in identifying communication and accountability strategies for focusing on the development of one's strengths and ultimate wins.

Jasmine's goal is to help other start-up entrepreneurs with their faith walk, mirror experiences, entrepreneurial journey and foundational structure and to truly see their GREATER self.



*"Always shine bright and leave a residue of  
sparkle to remind them of your greatness!"*

*— Coach Jas*

## PAST SPEAKING EVENTS



## HOW TO GET IN TOUCH

[CoachJas@thegreatermeconsulting.com](mailto:CoachJas@thegreatermeconsulting.com)  
931-218-6574 | [TheGreaterMeConsulting.com](http://TheGreaterMeConsulting.com)  
P.O Box 30622 Clarksville, TN 37040